

Event endorsed by



In Scientific Collaboration with



INDIA HEART SYMPOSIUM 2026 7th EDITION



Sun, 7th June 2026



14:00 – 20:30 IST



Fairmont, Mumbai

Scientific Initiative by



Academic Partner



Digital Partner



International Faculty



Prof. Bryan Williams

President, International Society of Hypertension, Chief of Medicine, University College London, Director & Board Member, UCL Hospitals, United Kingdom



Prof. John Deanfield

Professor of Cardiology, University College London, United Kingdom



Prof. Neil Poulter

Professor, Preventive Cardiovascular Medicine, Co-Director, ICCH, Imperial College, London, United Kingdom



Prof. Giuseppe M.C. Rosano

Consultant Cardiologist & Professor of Cardiology, St. George's University Medical School
President, Heart Failure Association, United Kingdom



Prof. Mark Petrie

Professor/Honorary Consultant, Institute of Cardiovascular & Medical Sciences, University of Glasgow, United Kingdom

Chairpersons



Dr. Uday Jadhav

Consultant- Cardiology,
Cardiac MRI & Cardiac CT
Department, Hon. Professor
MGM Institute of Health Sciences,
Navi Mumbai



Dr. Prakash Sanzgiri

Sr. Intervention and Critical
Care Cardiologist,
Lilavati Hospital & Research Centre,
Mumbai



Dr. Ajit Desai

Additional Director-Cardiology,
Jaslok Hospital,
Mumbai



Dr. Parag Shah

Consultant Edocrinologist,
Gujarat Endocrine Centre,
Ahmedabad

Case Presenters



Dr. V T Shah

Sr. Consultant Interventional
Cardiologist, S. L. Raheja Hospital
& Surana Hospital,
Mumbai



Dr. Asit Khanna

Director of Cardiology &
Director of the Cath Lab
Yashoda Super Speciality Hospital,
Ghaziabad



Dr. Rajiv Karnik

Consultant Cardiologist &
former Director,
Heart failure Clinic,
Fortis Hospital,
Mumbai



Dr. Pravin Kahale

Sr. Consultant Interventional
Cardiologist, Kokilaben Dhirubhai
Ambani Hospital,
Mumbai

Panelist



Dr. Rishi Sethi

Sr. Interventional Cardiologist
& Unit Head,
King George's Medical University,
Lucknow



Dr. B C Kalmath

Associate Prof. of Cardiology
& Hon. Consultant Cardiologist,
Bombay Hospital Institute of
Medical Sciences,
Mumbai



Dr. Shreerang Godbole

Consultant Endocrinologist,
Jehangir Hospital,
Pune



Dr. Rajiv Kovil

Director & Consultant Diabetologist,
Dr. Kovil's Diabetes Care Centre,
Mumbai



Dr. Mangesh Tiwaskar

Consultant Physician and
Diabetologist,
Shilpa Medical Research Centre,
Mumbai

AGENDA

Cardio - Metabolic Continuum: From Risk to Outcomes

14:00 - 14:05 The Future of Cardiology: Integrating Risk, Disease & Outcomes Bryan Williams

Track 1: Hypertension | Chairperson: Bryan Williams | Moderator & Co-Chair: Uday Jadhav

14:05 - 14:30 **Talk 1:** Redefining Hypertension in 2026 - What has changed as per recent evidence & in recent guidelines? Bryan Williams
Case Discussion with Polling

14:30 - 14:55 **Talk 2:** Personalizing Hypertension Care - do all patients need the same approach? Neil Poulter
Case Discussion with Polling

14:55 - 15:10 Panel Discussion
• Uday Jadhav • Bryan Williams
• Neil Poulter • Rishi Sethi

Indian Clinical Cases: Hypertension in Clinical Practice

15:10 - 15:24 **Case Presentation 1:** The Hypertension - Kidney Conundrum: Are Standard BP Control Strategies Enough in CKD? V T Shah

Case Presentation 2: The Rise of Low dose Dual and Triple Therapy in Hypertension Asit Khanna

15:24 - 15:34 Panel Discussion
• Uday Jadhav • Bryan Williams
• Neil Poulter • V T Shah
• Asit Khanna • Rishi Sethi

Track 2: Heart Failure & Clinical Outcomes | Chairperson: Giuseppe Rosano Moderator & Co-Chair: Prakash Sanzgiri

15:35 - 16:00 **Talk 3:** What's Hot and What's Practical in HFrEF Management Today? Mark Petrie
Case Discussion with Polling

16:00 - 16:25 **Talk 4:** A Titration Guide to Heart Failure Medications: All at Once or Personalize? Giuseppe Rosano
Case Discussion with Polling

16:25 - 16:40 Panel Discussion
• Prakash Sanzgiri • Giuseppe Rosano
• Mark Petrie • B C Kalmath

Indian Clinical Cases: Heart Failure in Clinical Practice

16:40 - 16:54 **Case Presentation 3:** Evidence Vs. Experience: How Do We Treat HFrEF in the Frail? Rajeev Karnik

Case Presentation 4: Thyroid Dysfunction in HFrEF: Do We Manage Differently? Praveen Kahale

16:54 - 17:04 Panel Discussion
• Prakash Sanzgiri • Giuseppe Rosano
• Mark Petrie • Rajeev Karnik
• Praveen Kahale • B C Kalmath

17:05 - 17:15

Tea Break

AGENDA

Cardio - Metabolic Continuum: From Risk to Outcomes

Track 3: Integrated Cardiology Practice - India Perspective | Chairperson: Bryan Williams Moderator & Co-Chair: Ajit Desai

17:15 - 17:40	Talk 5: Stage I Hypertension (>130/80 mm Hg): Is the Evidence Strong Enough to start Pharmacotherapy? Case Discussion with Polling	Neil Poulter
17:40 - 18:05	Talk 6: Metabolic Syndrome & Hypertension: Do We Need A Different Approach? Translating Guidelines into Clinical Practice Case Discussion with Polling	Bryan Williams
18:05 - 18:20	Panel Discussion	<ul style="list-style-type: none">• Ajit Desai • Bryan Williams• Neil Poulter • Rishi Sethi

Track 4: Obesity & Cardiometabolic Disease | Chairperson: Mark Petrie Moderator & Co-Chair: Parag Shah

Part A: Understanding the Disease

18:20 - 18:35	Talk 7: Successes in GLP-1 RA Outcome Trials	Mark Petrie
18:35 - 18:50	Talk 8: Can GLP-1 RA be regularly used in Cardio-Metabolic practice: The barriers in decision making	Giuseppe Rosano
18:50 - 19:10	Panel Discussion	<ul style="list-style-type: none">• Mark Petrie • Giuseppe Rosano • Parag Shah• Rajiv Kovil • Shreerang Godbole

Part B: Management & Clinical Practice

19:10 - 19:30	Talk 9: Practical Issues Around GLP-1 RAs - How to Optimise Adherence	Mark Petrie
19:30 - 19:50	Panel Discussion: Integrating Obesity Management into Cardiology Practice	<ul style="list-style-type: none">• Parag Shah • Mark Petrie• Giuseppe Rosano • Mangesh Tiwaskar• Uday Jadhav

Satellite Session | Chairperson: Mark Petrie | Moderator & Co-Chair: Parag Shah

20:00 - 20:10	SELECT Trial and Beyond - Emerging Trends in CV Risk Reduction in Obesity	John Deanfield
20:10 - 20:30	Panel Discussion	<ul style="list-style-type: none">• Mark Petrie • Parag Shah



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